



PARADEE THAINESS

Four Elements Massage

- Foot soak • Foot scrub • Four elements massage

The Four elements of Wind, Earth, Fire and Water are essential to life and a key part of indigenous healing therapies. To enhance energy flow through the body and relieve chronic conditions whilst strengthen immune system.

90 mins. 5,200 THB

Khad Nam Rae Chae Nam Wan

- Foot soak • Foot scrub • Body scrub & wrap
- Herbal bath soak with Thai herbal secret recipe

Wisdom of Thai inherited from ancient times to time, using herbs in scrub and bath soaks turn the skin to nourishing and healthy. Paradee Spa has taken a dip in the water that come to a secret of Paradee Spa.

90 mins. 4,400 THB

Traditional Thai Massage

60 mins. 2,800 THB

- Foot soak • Foot scrub • Traditional Thai massage

Thai massage uses two primary techniques of gentle pressure and a variety of passive stretching movements, a smoother flow of energy when applied in a quiet, meditative atmosphere, the body begins to open and become more flexible.

Aromatic Thai Massage

60 mins. 3,400 THB

- Foot soak • Foot scrub • Aromatic Thai massage

A combination between Thai massages technique with scented oil. Help to relief physical complaints such as muscle aches and tense, stressful, relaxing and also body moisturizing.

Thai Herbal Compress

60 mins. 3,400 THB

- Foot soak • Foot scrub • Thai herbal compress

The herbal-infused pack is both inhaled and absorbed by the skin.

To treat muscular aches and pain, while the mind returns to a state of calm alertness.

Thai Salt Compress

60 mins. 2,800 THB

- Foot soak • Foot scrub • Thai salt compress

Warm salt is a Thai curative remedy effecton muscle and blood circulation. Salt compress will give good relief for suffering from water retention, swollen legs accompanies by severe pain.





PARADEE RETREAT

Honeymoon Retreat

- Foot soak • Foot scrub • Body scrub • Body mask
- Bath therapy • Deep tissue massage

The luxurious treatment for couple. Cleanse and smooth skin fresh. Relieving muscular massage and maintain the relaxation.

120 mins. 15,000 THB

Sixth Heaven

- Foot soak • Foot scrub • Steam • Body scrub
- Bath therapy • Aroma massage

The luxurious treatment that treats you as you are in heaven, allow yourself in the steam of Thai Herbs. Follow by the choice of body exfoliates, continue with Bath-Therapy and fulfilled by Aroma massage.

180 mins. 8,800 THB

FACIAL THERAPY

Paradee Facial

60 mins. 3,800 THB

- Clean • Tone • Scrub • Mask • Massage • Sun Sensitive Serum

Deep cleansing, hydrating, anti-wrinkle treatment to improves skin's balance, leaves skin feeling delicate, soft and looking radiant.

SPA TREATMENT

Body Scrub

60 mins. 2,800 THB

- Foot soak • Foot scrub • Selected choice of Body Scrub

Cleanse and smooth skin, feeling fresh and supple and relieves muscle tension.

Body Wrap

60 mins. 2,800 THB

- Foot soak • Foot scrub • Selected choice of Body Wrap

Soothing and moisturizing skin cell renewal, body wrap can be relief for skin stressed by sun exposure or dry conditions, delivering skin-strengthening to skin layer.

Luxury Spa Bath

40 mins. 1,800 THB

- Foot soak • Foot scrub • Bath therapy

Spa bath furthermore bathing in the water, get skin fresh, soft and ready for body scrub indeed.

Thai Herbal Steam

40 mins. 1,800 THB

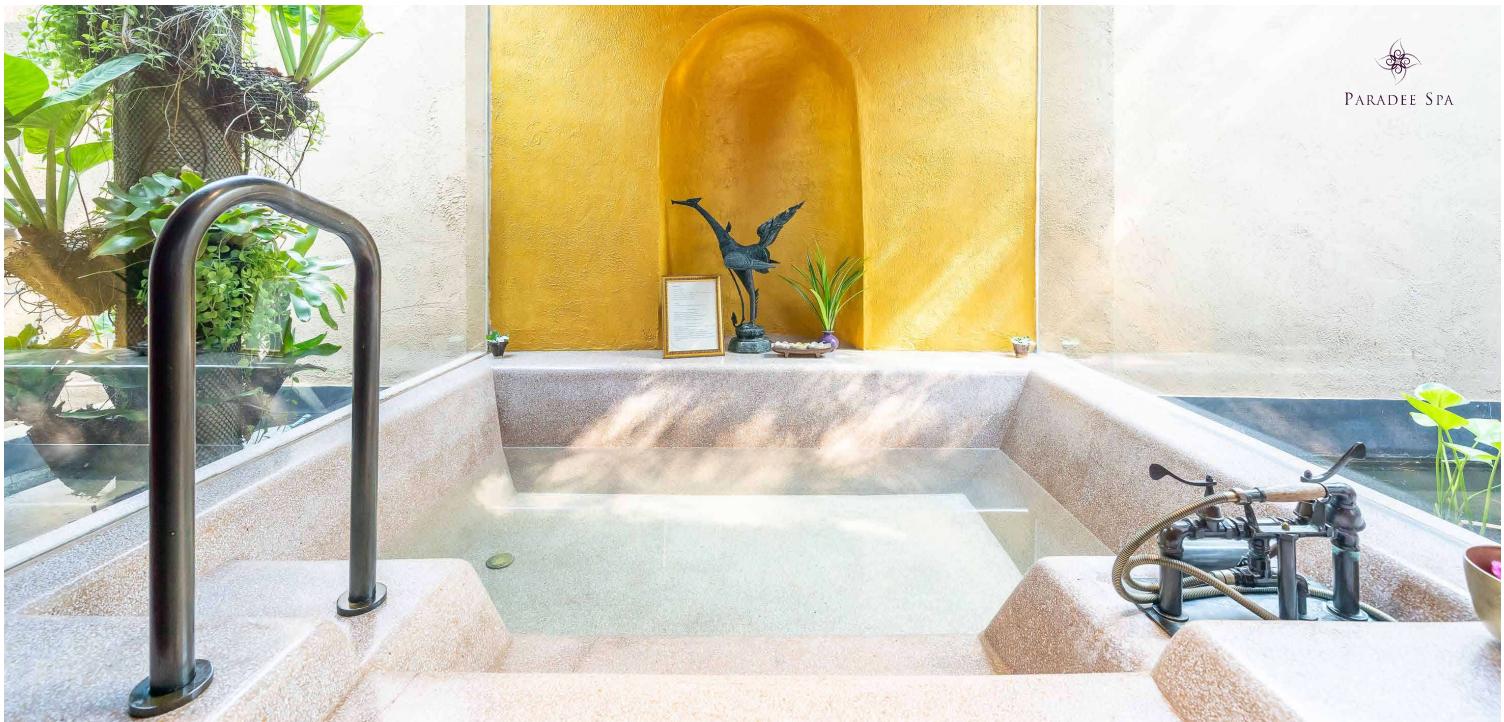
- Foot soak • Foot scrub • Thai herbal steam

Design to improve blood circulation,inspiration system. Skin will be preparing for perfectly massage treatment.

MASSAGE THERAPY

Hot Stone Massage	60 mins.	3,400 THB
<ul style="list-style-type: none"> • Foot Soak • Foot scrub • Hot stone massage <p>Releasing tension, promote circulation, combat nervous fatigue and create a positive energy flow in the body.</p>		
Deep Tissue Massage	60 mins.	3,400 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Deep tissue massage <p>Massage focusing on specific area to relieve muscular tension. Maintain the muscle generally in better condition.</p>		
Abhyanga Massage	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Abhyanga massage <p>Relieves tension and headaches, neck and back pain. Also, alleviates stress, promotes relaxation a popular massage often requested for general well being.</p>		
Aroma Massage	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Aroma massage <p>Essential oils can absorb through the skin and carry on to the muscle tissue, joints and organs. Benefits of an essential oil are designed to balance body, mood and relaxing.</p>		
Balinese Massage	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Balinese massage <p>Balinese massage is the sensual and physical indulgences aromatic oils; Clove, Ginger and Lime to soothe your senses and relieve mental stress. Reduce tension and rebalance your body!!</p>		
Myanmar Massage	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Myanmar massage <p>The techniques of massage combine of Myanmar style with Thai acupressure has apply to the energy points. Designed to have a glow skin: calming and soothing.</p>		
Swedish Massage	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Swedish massage <p>The most common massage in the west, stimulating and revitalizing as the best-known type of bodywork performed. Incorporates the five strokes of western massage technique vary from light to vigorous.</p>		
Limb Ritual Massagge	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Limb Ritual massage <p>Limb Ritual massage is performed to relief of aches and pains on lower arms and lower legs. It includes relaxation techniques and pressure on energy points, and aiming for balancing the internal organs of the body.</p>		
Foot Massage	60 mins.	2,800 THB
<ul style="list-style-type: none"> • Foot soak • Foot scrub • Foot and Leg massage <p>Naturally inspires your body balance from the inside, uses pressure applied to reflex points in the feet to relieve stress and tension, improve circulation.</p>		





TERMS & CONDITIONS

PRICES:

Prices are inclusive of applicable government taxes

ARRIVAL TIME:

Kindly arrive 10 minutes prior to your appointment time; arriving late will simply limit your treatment time

CANCELLATION:

2-hour cancellation notice is required prior to the appointment time to avoid cancellation charge

SPA PROTOCOL:

In the event that you are carrying a mobile phone, kindly tune down to silent mode or to a minimum to maintain serenity of the Paradee Spa

15 years of age is the minimum suggested for spa treatment while younger child/children must be accompanied by parent

Neither smoking nor consumption of alcohol in the Paradee Spa is strictly prohibited

VALUABLES:

Jewellery and valuables are recommended to place them in the jewellery box provided during the spa treatment. The management accepts NO responsibilities for loss to money or valuables brought into the Paradee Spa

ACCIDENT OR INJURIES:

Paradee Spa shall not be responsible or liable for any accident or injury suffered during and after treatments