



# PARADEE DAILY ACTIVITIES



DAY	ACTIVITY	TIME
MONDAY	WEAVING COCONUT LEAVES (สานใบมะพร้าว)	13:00 - 14:00
TUESDAY	TOTE BAG PAINTING (ระบายสีกระเป๋าผ้า)	13:00 - 14:00
WEDNESDAY	THAI STRETCHING (ยืดเส้น)	09:30 - 10:30
THURSDAY	MAKING FLOWER GARLAND (ร้อยพวงมาลัย)	14:00 - 15:00
SATURDAY	T-SHIRT PAINTING (ระบายสีเสื้อยืด)	15:00 - 16:00
SUNDAY	YOGA (โยคะ)	08:00 - 09:00

#### ACTIVITIES TO BE BOOKED IN ADVANCE

- 1.) COOKING CLASS THB 6,000/2 PAX
- 2.) VIEWPOINT HIKING (TO AO PA KA RANG VIEWPOINT) FREE OF CHARGE  
ADDITIONAL CHARGE AT THB 350.- FOR NAVIGATION STAFF

#### ITEMS AVAILABLE FOR BORROWING

- 1.) BOARD GAME
- 2.) YOGA MAT